

FIRST HALF – RUNVAN®

Out and Back Course Map Description

Turn-by-turn Directions

- Start on Pacific Blvd in Eastbound Lane facing East between Drake and Davie Streets
- Follow Pacific Blvd Eastbound lanes until Smithe St, then use the two left lanes
- Left turn onto Pat Quinn Way
- Left onto Expo Blvd, and follow Expo Blvd until Cambie St intersection
- Cross into Pacific Blvd Eastbound (oncoming traffic closed) at Cambie St and Pacific Blvd
- Follow Pacific Blvd West in the Eastbound (oncoming traffic closed) lanes to Granville St
- Left turn onto Granville St under the Bridge
- Right turn into the Eastbound lanes of Beach Ave
- Left onto Aquatic Centre Service Road / access to the Seaside bike path / False Creek Ferries
- Right turn onto Seaside bike path immediately behind the Aquatic Centre
- Merge onto Seawall pedestrian path
- Follow the pedestrian path around English Bay waterfront
- Right up the short, steep incline to Beach Ave, in front of the Vancouver Parks Board office
- Left turn onto Stanley Park Dr sidewalk
- Follow the sidewalk path as it leaves Stanley Park Dr and descends the hill into Ceperly Park
- Right turn at the Playground T-intersection to follow path through the tunnel underpass
- Follow the bike path and stay right to go around Lost Lagoon, under the Chilco St Underpass
- Follow the bike path left into the Vancouver Rowing Club parking lot, onto Stanley Park Drive
- Run counterclockwise on Stanley Park Drive (closed to vehicles) to Pipeline Road Extension
- Right turn off the road and down the hill to the Stanley Park Seawall pedestrian path
- Return clockwise on the Stanley Park Seawall
- Proceed back under the Georgia St Stanley Park Causeway on the Chilco bike path
- Continue around south side of Lost Lagoon towards the Stanley Park Drive tunnel bike path
- Emerging from the tunnel, right turn onto the bike path through Ceperley Park
- Follow the bike path as it goes behind Second Beach Concession, then to the Seawall
- Sharp left turn to circle Second Beach Pool and head back towards English Bay Beach
- Follow pedestrian path back around English Bay to the Aquatic Centre
- Stay left to follow Seaside bike path / Service Road behind the Aquatic Centre
- Left turn up access road to Beach Ave
- Right turn onto Beach Ave
- Left turn onto Granville St
- Right turn onto Pacific St Westbound Curb Lane
- Right turn onto Drake Street to Finish Line



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